



Shipdham Surgery



Have you booked your Flu Jab?

2nd and 3rd October 2026

- Everyone aged 65 years and over.
- Everyone living in a Residential or Nursing home.
- Everyone who receives a carer's allowance or are the main carer for an older or disabled person.
- All those living with someone who has lowered immunity due to disease or treatment.

Everyone under 65 years of age who has a [medical condition](#) listed below, including

- A heart problem
- A chest complaint or serious breathing difficulties, including bronchitis, emphysema or some people with asthma (needing a steroid inhaler or tablets)
- Kidney disease
- Lowered immunity due to disease or treatment (such as steroid medication or cancer treatment)
- Liver disease
- Had a stroke or a transient ischaemic attack (TIA)
- Diabetes
- Some neurological condition, such as multiple sclerosis (MS) or cerebral palsy
- A learning disability
- A problem with your spleen, such as sickle cell disease, or you have had your spleen removed.
- Seriously overweight (BMI of 40 and above)
- Pregnant

Please speak to a Patient Services administrator to arrange your appointment either in:

Person

Or



01362 820225

Book via the NHS APP

SystmOnline

Or

Visit the practice website to book:

www.shipdhamsurgery.nhs.uk

