

PERSONALISED CARE AWARENESS WEEK:

Monday 22nd to Friday 26th Sep



MID NORFOLK
HEALTHCARE LTD



The Personalised Care Team support patients by empowering them to make meaningful changes, or access support, to positively impact their health and wellbeing.



Ask for information about:

Care Coordination - supporting coordination of, and access to, care for vulnerable patients or those with complex needs, including referrals to other services.

Health and Wellbeing Coaching - support to explore lifestyle factors which can impact health and wellbeing, promoting supported self-management.

Social Prescribing - empowering patients to connect with the right support services in their community. Support is available for young people, adults and families.

Meet the team at Shipdham Surgery:

We will be in the waiting room on

Tuesday 23rd September - 9am to 11am and 1pm to 2pm